

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 7 (Warmup 7.45 - 8.45)

Event 301 Men 12 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 15 Prelims

1	Fogarty, Oliver	13	Pembs Cty	28.60	___
2	Iffland, Noah	14	Hackney	28.60	___
3	Hughes, Freddy	13	Rct Squad	28.52	___
4	Volausek, Noah	14	Co Cardiff	28.40	___
5	Mrozinski, Michal	13	Conwy	28.40	___
6	Jones, Noah	14	Torfaen D	28.60	___
7	Dixon, Jamie	13	Okehampton	28.60	___
8	Evans, Sam	13	Pembs Cty	28.63	___

Heat 2 of 15 Prelims

1	Gregory, Jaiden	14	Co Cardiff	28.30	___
2	%Aaen, Bjorn-Sebastian S9	18	UniOfStirl/12, +	28.23	___
3	Hernandez Taylor, Boaz	14	Hackney	28.20	___
4	Godden, Finlay	15	Nuneaton	28.20	___
5	Laverick, Blake	15	Nuneaton	28.20	___
6	Fuller, Phoenix	14	Hackney	28.23	___
7	Vong, Joshua	15	Torfaen D	28.25	___
8	Bancroft, Theo	13	Monnow	28.36	___

Heat 3 of 15 Prelims

1	Taylor, Nicholas	14	Torfaen D	28.10	___
2	Jones, Sam	12	Co Cardiff	28.00	___
3	Green, Joshua	14	TauntonDeane	27.90	___
4	Miskiewicz, Patryk	15	Hackney	27.72	___
5	Armstrong, Austin	15	Buckley	27.80	___
6	Williams, Dylan	14	Wrexham	28.00	___
7	Gilligan, Henry	15	Rct Squad	28.03	___
8	Goodey De Diego, Lucas	14	Guildford Ct	28.20	___

Heat 4 of 15 Prelims

1	Ashton, Cain	15	Stockport Mo	27.70	___
2	Stuart-Lavender, Jac	15	Nofio S Gar	27.60	___
3	Catchpole, Charlie	14	Hackney	27.47	___
4	Phillips, Finley	15	Nofio S Gar	27.40	___
5	Opiniano, Nathaniel	15	Teddington	27.40	___
6	Davies, Tom	15	Co Newport	27.60	___
7	Silvey, Harry	15	Millfield	27.60	___
8	King, Ethan	13	Penyrheol	27.71	___

Heat 5 of 15 Prelims

1	Deacon, Cameron	15	Co Cardiff	27.23	___
2	Jones, Jayden	14	Caerphilly	27.23	___
3	Elmes, Max	14	Nofio S Gar	27.20	___
4	Van Rooyen, Simon	16	TauntonDeane	27.09	___
5	Bivon, Charlie	16	Stockport Mo	27.10	___
6	Bastyan, Tobias-Luke	14	Torfaen D	27.20	___
7	Chapman, Coby	16	Penyrheol	27.23	___
8	Powell, Xander	15	TauntonDeane	27.28	___

Heat 6 of 15 Prelims

1	Webber, George	15	TauntonDeane	26.99	___
2	James, Tristan	16	Bridgend Cty	26.90	___
3	Parry, Now	16	NofioGwynedd	26.70	___
4	Davies, Blake	15	Co Cardiff	26.56	___
5	Doyle, Alfie	17	Torfaen D	26.70	___
6	Fudge, Marcus	17	Rct Squad	26.70	___
7	Roberts-Truman, Harri	15	Neath	26.91	___
8	Danz, Jasper	15	Teddington	27.07	___

Heat 7 of 15 Prelims

1	Richardson, Osian	17	Swansea Aq	26.50	___
2	Whittaker, Daniel	19	Bridgend Cty	26.50	___
3	Hyett, Benjamin	19	Bridgend SC	26.50	___
4	Helps, Jacob	19	Swansea Uni	26.40	___
5	Sellick, Fenn	17	Swansea Aq	26.46	___
6	McLain, Archie	19	Torfaen D	26.50	___
7	Bale, Thomas	20	Halstead	26.50	___
8	Evans, Oscar	16	Co Hereford	26.54	___

Heat 8 of 15 Prelims

1	Holland, James	19	Swansea Uni	26.40	___
2	McCarthy, Aden	18	Birm'ham Uni	26.38	___
3	Castillo, Airam	14	Co Cardiff	26.28	___
4	Hewitt, Archie	15	Torfaen D	26.24	___
5	Miles, Harry	15	Co Cardiff	26.26	___
6	Bebb, Lewis	18	Newtown	26.33	___
7	Stothers, Alexander	14	Hackney	26.39	___
8	Scholes, James	15	Haslemere	26.40	___

Heat 9 of 15 Prelims

1	James, Matt	18	Worcester	26.19	___
2	Granger, Tyler	18	Plymouth Col	26.10	___
3	Winstone, Evan	19	Co Cardiff	26.00	___
4	Upton-Boorman, Liam	18	Nofio S Gar	26.00	___
5	Spinks, Owen	17	Torfaen D	26.00	___
6	Brown, Layton	17	Nuneaton	26.04	___
7	Biddick, James	15	Okehampton	26.15	___
8	Lloyd, Thomas	17	Rochford	26.20	___

Heat 10 of 15 Prelims

1	Linge, Reece	14	EllesmereCSA	25.99	___
2	Divers, Connor	18	Caerphilly	25.90	___
3	Meilleur, Elliot	15	NofioGwynedd	25.82	___
4	Atherton, Morgan	16	Nuneaton	25.70	___
5	Park, Reggie Samuel	15	Holywell	25.75	___
6	Thomas, Rhys	20	Swansea Uni	25.86	___
7	Smith, Eamon	21	Swansea Uni	25.96	___
8	Adams, Ronan	17	Bridgend SC	26.00	___

Heat 11 of 15 Prelims

1	Woodrow, Leo	14	TauntonDeane	25.69	___
2	Ghetu, Marcu	17	Harrogate	25.62	___
3	Major, Sebastian	19	Co Newport	25.60	___
4	Pallant, Jack	21	Team Waveney	25.50	___
5	James, Jack	18	Swansea Uni	25.53	___
6	Mills, Ioan	16	Torfaen D	25.60	___
7	Greenwalker, Arthur	16	Teddington	25.64	___
8	Taylor, Harry	18	Swansea Uni	25.70	___

Heat 12 of 15 Prelims

1	Evans, Monty	18	Gloucester	25.33	___
2	%Broom, Dylan S14	23	Swansea Uni	25.30	___
3	Pugh, Morgan	18	Torfaen D	25.19	___
4	Hawkins, Alfie	18	Swansea Uni	25.16	___
5	Major, Maximus	15	Torfaen D	25.17	___
6	Watkins, William	17	Bridgend SC	25.20	___
7	Douglas, Lucas	14	Atlantis	25.31	___
8	Foster, Henry	16	Redditch	25.43	___

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 7 (Warmup 7.45 - 8.45)

Heat 13 Prelims (#301 Men 12 & Over 50 LC Meter Freestyle)

1	McCarthy, Benedict	16	Co Cardiff	24.69	___
2	Lennon, Danny	17	Wrexham	24.38	___
3	Greenway, Morgan	22	Swansea Uni	23.81	___
4	Ting, Adrian	23	Maidenhead	23.21	___
5	Dietz, Fritz	21	Okehampton	23.51	___
6	Poole, Dexter	20	Swansea Uni	24.10	___
7	Silverstone, Solomon	16	Pembs Cty	24.53	___
8	Kimaro, David	17	Hackney	25.00	___

Heat 14 of 15 Prelims

1	Johnstone, Daniel	18	Swansea Uni	24.60	___
2	Mruk, Lucas	17	Torfaen D	24.25	___
3	Docking-Smith, Frankie	21	Swansea Uni	23.70	___
4	Robinson, Harry	21	Crawley	23.15	___
5	Davies, Evan	19	Co Cardiff	23.49	___
6	Armitage, Edward	22	Derwent&Gate	24.10	___
7	Morgan-Hughes, Harry	20	Bath Univ	24.50	___
8	Thomas, Lucas	17	NofioGwynedd	24.90	___

Heat 15 of 15 Prelims

1	Lee, Ethan	19	Bath Univ	24.55	___
2	Sadberry, Jack	21	Swansea Uni	24.19	___
3	Hyde, Brogan	22	UniOfStirl	23.70	___
4	Jones, Dan	29	Swansea Uni	22.69	___
5	Carswell, Thomas	25	Edinburgh Un	23.40	___
6	Gillett, Oliver	18	Swansea Uni	23.88	___
7	Ryley, William	27	Co Cardiff	24.40	___
8	%Darbey, Rhys S14	18	Wrexham	24.88	___

Event 302 Female 12 & Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 14 Prelims

1	%Humphrey, Eliza S11	20	Swansea Uni/TB	33.89	___
2	Jones, Lola-Grace	13	Torfaen D	30.80	___
3	Edwards, Nia	14	Caerphilly	30.80	___
4	Griffiths, Ffion	14	Pembs Cty	30.70	___
5	Lewis, Evie	12	Pembs Cty	30.74	___
6	Smith, Sophie	14	Nuneaton	30.80	___
7	Szmigiero, Kaya	12	Aberystwyth	30.80	___
8	%Pilkington, Laura S6	28	Edinburgh Un/12, +, 3, 5	49.66	___

Heat 2 of 14 Prelims

1	Cooksey-Owen, Ruby-Mae	14	Co Cardiff	30.65	___
2	Goodman, Evie	14	Swansea Aq	30.60	___
3	Goodman, Lola	14	Swansea Aq	30.60	___
4	Fordham, Freya	13	Co Newport	30.55	___
5	Long, Sadie	14	Bridgend Cty	30.57	___
6	Patterson, Hollie	14	Carmarthen	30.60	___
7	Gettins, Bethan	13	Co Newport	30.62	___
8	Kontopoulos, Elena	13	TauntonDeane	30.68	___

Heat 3 of 14 Prelims

1	Charrington, Lucy	12	Heads Valley	30.50	___
2	Boxall-Leggett, A	13	Okehampton	30.40	___
3	Williams, Leah	14	NofioGwynedd	30.40	___
4	Davies, Macy	13	Torfaen D	30.20	___
5	McQuaid, Maria	14	Co Cardiff	30.27	___
6	Duggan, Grace	14	Rct Squad	30.40	___
7	Macleod, Eilidh	14	Hackney	30.44	___
8	Sedgemore, Lola	13	Neath	30.50	___

Heat 4 of 14 Prelims

1	Flanagan, Evelyn	15	Mt Kelly	30.10	___
2	Tovey, Lyra	13	Mt Kelly	30.06	___
3	Filmer, Gwennan	13	Nofio S Gar	29.99	___
4	Hubbard, Tilly	14	TauntonDeane	29.90	___
5	Thomas, Manisha	13	Hackney	29.93	___
6	Davies, Elizabeth	12	Pembs Cty	30.00	___
7	%Kane, Abby S13	22	UniOfStirl	30.09	___
8	Thurston, Rene	14	Newtown	30.10	___

Heat 5 of 14 Prelims

1	Evans, Gwennan	15	Co Cardiff	29.87	___
2	Kazmiruk, Anastasiia	14	Nofio S Gar	29.80	___
3	Jones, Aimee	13	Okehampton	29.79	___
4	Rees, Maisie	15	Rct Squad	29.75	___
5	Davies, Mae	15	Rtw Monson	29.77	___
6	Roberts, Mali	15	NofioGwynedd	29.80	___
7	Sutton, Emily	14	NofioGwynedd	29.80	___
8	Emms, Ela	13	Co Cardiff	29.90	___

Heat 6 of 14 Prelims

1	Prevete, Sofia	13	Wrexham	29.63	___
2	Fitzgerald, Mali	15	Bridgend Cty	29.54	___
3	Burns, Freya	14	Nofio S Gar	29.40	___
4	Duggan, Ella	14	Rct Squad	29.38	___
5	Ashby, Helena	13	TauntonDeane	29.39	___
6	Chadwick, Millie	15	Teddington	29.54	___
7	Gordon, Mabli	14	Bridgend Cty	29.58	___
8	Bissicks, Cari	14	Neath	29.70	___

Heat 7 of 14 Prelims

1	Mason, Eliza	14	EllesmereCSA	29.30	___
2	Hutchon, Annie	14	EllesmereCSA	29.23	___
3	Devin, Erin	15	Wrexham	29.20	___
4	Hughes, Nel	14	NofioGwynedd	29.16	___
5	Layland, Seren	14	Penyrheol	29.20	___
6	Reed, Isabella	14	Co Cardiff	29.22	___
7	Taswell, Paige	14	TauntonDeane	29.30	___
8	Mustey, Elizabeth	14	Monnow	29.30	___

Heat 8 of 14 Prelims

1	Bloomer, Molly	13	Hackney	29.06	___
2	Donaldson, Evie	13	Co Newport	29.00	___
3	Sullivan, Ariana	15	Torfaen D	28.92	___
4	Edwards, Alaw	15	NofioGwynedd	28.90	___
5	Berner, Iyla	12	Nofio S Gar	28.90	___
6	Davies, Sophia	13	Co Cardiff	28.99	___
7	David, Emily	13	Cockermouth	29.00	___
8	Innocent, Aurelia	14	Co Cardiff	29.08	___

Heat 9 of 14 Prelims

1	Hill, Emma	14	Teddington	28.79	___
2	Geach, Libbie	16	Nofio S Gar	28.60	___
3	Morgan, Carys	17	Millfield	28.59	___
4	Wayman, Chloe	17	Teddington	28.51	___
5	Chadwick, Phoebe	17	Teddington	28.59	___
6	Mellor, Medi	13	Nofio Bangor	28.60	___
7	%Williams, Rose S14	17	Co Cardiff	28.70	___
8	Reasons, Darcy	13	Torfaen D	28.90	___

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 7 (Warmup 7.45 - 8.45)

Heat 10 Prelims (#302 Female 12 & Over 50 LC Meter Freestyle)

1	Sweet-Roberts, Pip	13	Torfaen D	28.40	___
2	Robinson, Scarlett	17	Ulverston	28.35	___
3	Lee, Edith	15	Co Cardiff	28.22	___
4	Hall, Emily	15	Warrington W	28.12	___
5	Marshall, Ffion	15	Co Cardiff	28.14	___
6	Faulkner, Ella	16	EllesmereCSA	28.30	___
7	Kindred, Ella	14	Co Hereford	28.37	___
8	Hernandez Taylor, Ivy	16	Hackney	28.43	___

Heat 11 of 14 Prelims

1	Givvons, Imogen	15	Torfaen D	28.07	___
2	Griffiths, Cerys	15	Pembs Cty	27.99	___
3	Wood, Sophie	16	TauntonDeane	27.93	___
4	Spence, Emilia	14	Co Birm'ham	27.74	___
5	Day, Hannah	17	Co Cardiff	27.79	___
6	Morgan, Isabel	21	Co Cardiff	27.99	___
7	Evans, Lili	18	Co Cardiff	28.05	___
8	Dacey, Mollie	17	Co Cardiff	28.11	___

Heat 12 of 14 Prelims

1	Schumm, Libby	16	Torfaen D	27.59	___
2	Jones, Maisie	15	Co Cardiff	27.36	___
3	De Torres, Rebecca	21	Co Cardiff	27.00	___
4	Broder, Libby	19	Birm'ham Uni	26.00	___
5	Davies, Sophie	18	Millfield	26.80	___
6	Humphreys, Ffion	17	NofioGwynedd	27.28	___
7	Dwyfor-Clark, Efa	16	NofioGwynedd	27.55	___
8	Donovan, Kelsey	20	Co Cardiff	27.74	___

Heat 13 of 14 Prelims

1	Collyer, Mabli	17	Nofio S Gar	27.59	___
2	Fox, Honor	18	Co Cardiff	27.35	___
3	Crawley, Abigail	20	Swansea Uni	26.96	___
4	Higgs, Meghan	17	Millfield	25.75	___
5	Jones, Isabella	20	Nofio S Gar	26.77	___
6	Dickinson, Jessica	20	Swansea Uni	27.10	___
7	Sherrard, Emme	16	Torfaen D	27.51	___
8	Riggott, Amelia	21	Mt Kelly	27.73	___

Heat 14 of 14 Prelims

1	Nichols, Grace	15	Pembs Cty	27.57	___
2	Lush, Emily	23	Swansea Uni	27.34	___
3	Major, Scarlet	22	Swansea Uni	26.80	___
4	Taylor, Theodora	16	Torfaen D	24.72	___
5	Podger, Jessica	24	Bath Univ	26.50	___
6	Winstanley, Elin	16	Co Hereford	27.10	___
7	Gordon, Freya	16	Haslemere	27.50	___
8	Jones, Liberty	15	TauntonDeane	27.69	___

Event 303 Men 12 & Over 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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Heat 1 of 7 Prelims

1	Iffland, Noah	14	Hackney	4:41.20	___
2	Harvey, Hugo	14	Co Cardiff	4:40.10	___
3	Castillo, Airam	14	Co Cardiff	4:39.50	___
4	Bowles, Osian	14	Hackney	4:38.80	___
5	Baldwin, Thomas	14	Holywell	4:39.20	___
6	Gwynfil, Solomon	15	Co Cardiff	4:39.80	___
7	White, Jacob	14	Wells SC	4:40.50	___
8	%O'Reilly, McKenzie S8	16	Torfaen D/A, 12 +	5:52.90	___

Heat 2 of 7 Prelims

1	Duggan, Brandon	15	Co Cardiff	4:35.09	___
2	Parfitt, Sebastian	15	Co Cardiff	4:34.12	___
3	Burnell, Rory	14	Mt Kelly	4:33.00	___
4	%Aaen, Bjorn-Sebastian S9	18	UniOfStirl/12, +	4:31.43	___
5	Davies, Callum	14	Okehampton	4:31.78	___
6	Ashton, Cain	15	Stockport Mo	4:33.40	___
7	Glanville, Harry	14	TauntonDeane	4:34.70	___
8	Harwood, Jack	14	Pembs Cty	4:36.00	___

Heat 3 of 7 Prelims

1	Davies, Tom	15	Co Newport	4:30.20	___
2	Williams, Thomas	15	Nofio S Gar	4:28.50	___
3	Ma, Perrin	14	Hatfield	4:27.20	___
4	Scholes, James	15	Haslemere	4:25.40	___
5	Godden, Finlay	15	Nuneaton	4:26.30	___
6	Reece, Liam	15	Co Newport	4:27.80	___
7	Staskus, Daniel	13	Millfield	4:29.10	___
8	Thomas, Iolo	15	Neath	4:30.97	___

Heat 4 of 7 Prelims

1	Rixon, Oliver	17	Co Cardiff	4:22.50	___
2	Ashman, Beau	16	Millfield	4:21.00	___
3	%Broom, Dylan S14	23	Swansea Uni	4:20.00	___
4	Silverstone, Solomon	16	Pembs Cty	4:18.70	___
5	Ghetu, Marcu	17	Harrogate	4:19.10	___
6	Park, Reggie Samuel	15	Holywell	4:20.81	___
7	Brown, Layton	17	Nuneaton	4:21.90	___
8	Vong, Joshua	15	Torfaen D	4:25.30	___

Heat 5 of 7 Prelims

1	Morgan, Charlie	15	Teddington	4:14.90	___
2	Keeble, Alex	21	Swansea Uni	4:11.90	___
3	Prysor, Sami	18	EllesmereCSA	4:10.60	___
4	Harris, Daniel	18	Swansea Uni	4:09.00	___
5	Parsons, Joseph	18	Co Cardiff	4:09.52	___
6	Sochovsky, Max	16	Millfield	4:11.25	___
7	Twigger, Owen	16	Swansea Aq	4:12.80	___
8	Mistry, Manav	18	Swansea Uni	4:17.26	___

Heat 6 of 7 Prelims

1	Gillett, Oliver	18	Swansea Uni	4:04.90	___
2	Nerushenko, Valeriy	20	Swansea Uni	4:02.10	___
3	Trebilcock, Thomas	22	Swansea Uni	3:57.73	___
4	Melbourne-Smith, Tyler	20	Lboro Uni	3:46.60	___
5	Williams, Josh	23	Swansea Uni	3:55.76	___
6	O'Brien, Joshua	20	Co Cardiff	3:59.28	___
7	Owen, Vinnie	17	Co Cardiff	4:02.30	___
8	Frampton, Kaden	15	Millfield	4:07.79	___

Heat 7 of 7 Prelims

1	Geysen-Holley, Max	20	Co Cardiff	4:03.90	___
2	Staines, Luca	21	Swansea Uni	4:01.90	___
3	Pardoe, Hector	24	Lboro Uni	3:56.70	___
4	Bird, Kieran	26	Wycombe Dist	3:45.63	___
5	Sargeant, Alexander	23	Swansea Uni	3:52.48	___
6	Kershaw, Charles	23	Swansea Uni	3:58.30	___
7	Bamborough, Jack	17	Co Cardiff	4:02.30	___
8	Sansome, Thomas	22	Wycombe Dist	4:05.00	___

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 7 (Warmup 7.45 - 8.45)

Event 304 Female 12 & Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 10 Prelims

1	Owen, Nel	12	NofioGwynedd	35.40
2	Szmigiero, Kaya	12	Aberystwyth	35.27
3	Filmer, Gwennan	13	Nofio S Gar	35.20
4	Hnoiana, Valya	13	Swansea Aq	35.04
5	Ballinger, Scarlett	14	Rhondda	35.10
6	Jones, Lola-Grace	13	Torfaen D	35.20
7	Gettins, Bethan	13	Co Newport	35.27
8	%Rice, Lily S8	21	Co Cardiff/A, 12+	38.96

Heat 2 of 10 Prelims

1	Ashby, Helena	13	TauntonDeane	35.00
2	Rees, Maisie	15	Rct Squad	34.50
3	Jones, Hunydd	14	Nofio S Gar	34.40
4	Davies, Sophia	13	Co Cardiff	34.32
5	Upton-Boorman, Isabella	15	Nofio S Gar	34.40
6	Beasley, Evaleigh	12	Swansea Aq	34.50
7	Hedin, Emma	14	Teddington	34.70
8	Williams, Paige	13	Swansea Aq	35.00

Heat 3 of 10 Prelims

1	Fordham, Freya	13	Co Newport	34.30
2	Henderson, Darcy	13	Okehampton	34.10
3	Gordon, Mabli	14	Bridgend Cty	34.00
4	Williams, Layla	13	Newtown	33.70
5	Taffetsauffer, Isabella	14	Nofio S Gar	33.90
6	Sutton, Emily	14	NofioGwynedd	34.10
7	Thomas, Manisha	13	Hackney	34.30
8	Bissicks, Cari	14	Neath	34.30

Heat 4 of 10 Prelims

1	Olszewska, Maya	13	Co Newport	33.60
2	Roberts, Mali	15	NofioGwynedd	33.50
3	Van Zyl, Kiara	13	Co Cardiff	33.40
4	Layland, Seren	14	Penyrheol	33.10
5	Fitzgerald, Mali	15	Bridgend Cty	33.20
6	Williams, Leah	14	NofioGwynedd	33.49
7	Hughes, Nel	14	NofioGwynedd	33.60
8	Eyre, Maiya	13	Buckley	33.60

Heat 5 of 10 Prelims

1	Jones, Aimee	13	Okehampton	32.70
2	Roberts, Rosie	13	Torfaen D	32.67
3	Fowler, Maisie	14	Rct Squad	32.59
4	Stork, Niamh	21	Co Cardiff	32.40
5	Jones, Myia	17	Wrexham	32.40
6	Watts, Olivia	16	EllesmereCSA	32.65
7	Tovey, Lyra	13	Mt Kelly	32.70
8	David, Emily	13	Cockermouth	33.05

Heat 6 of 10 Prelims

1	Taswell, Paige	14	TauntonDeane	32.25
2	Berner, Iyla	12	Nofio S Gar	32.20
3	Spence, Emilia	14	Co Birm'ham	32.10
4	Gillingham, Grace	21	Nofio Bangor	32.09
5	Darby, Daisy	17	Teddington	32.10
6	Stokes, Aimee	21	Swansea Uni	32.20
7	Woodruff, Aimee	16	Crawley	32.20
8	Thurston, Rene	14	Newtown	32.40

Heat 7 of 10 Prelims

1	Huws, Awen	17	Rct Squad	32.00
2	Evans, Lili	18	Co Cardiff	31.78
3	Kindred, Ella	14	Co Hereford	31.70
4	Schumm, Libby	16	Torfaen D	31.58
5	Hatton-Ellis, Isabelle	17	Swansea Aq	31.60
6	Bennett, Isla	14	Co Cardiff	31.74
7	Smart, Charlotte	18	Swansea Uni	32.00
8	Robinson, Scarlett	17	Ulverston	32.00

Heat 8 of 10 Prelims

1	Sundsbo, Klara	14	Hackney	31.50
2	Sweet-Roberts, Pip	13	Torfaen D	31.10
3	Nichols, Grace	15	Pembs Cty	30.40
4	Humphreys, Ffion	17	NofioGwynedd	29.20
5	Higgs, Meghan	17	Millfield	29.70
6	Willis, Hannah	20	Swansea Uni	30.80
7	Hall, Emily	15	Warrington W	31.20
8	Edwards, Alaw	15	NofioGwynedd	31.56

Heat 9 of 10 Prelims

1	Parfitt, Lucy	17	Co Cardiff	31.37
2	Salmon, Gwen	18	Rct Squad	31.00
3	Rose, Katie	19	Swansea Uni	30.00
4	Sutton, Rebecca	24	Swansea Uni	28.50
5	Collyer, Mabli	17	Nofio S Gar	29.70
6	Anderson, Rosalie	15	Co Cardiff	30.59
7	Winstanley, Elin	16	Co Hereford	31.10
8	Bamborough, Katie	21	Swansea Uni	31.50

Heat 10 of 10 Prelims

1	Roberts, Isabel	15	Co Cardiff	31.30
2	Lush, Emily	23	Swansea Uni	30.90
3	Dwyfor-Clark, Efa	16	NofioGwynedd	30.00
4	Harris, Medi	23	Swansea Uni	27.70
5	Stead, Martha	20	Swansea Uni	29.60
6	Daniel, Megan	15	Caradon	30.58
7	Howells-Davies, Lana	17	Crawley	31.10
8	Hernandez Taylor, Ivy	16	Hackney	31.50

Event 305 Men 12 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Prelims

1	Costello, Triston	13	Nuneaton	2:56.00
2	Thomas, Wilf	13	Millfield	2:54.92
3	Volausek, Noah	14	Co Cardiff	2:53.31
4	Hamer, Joe	14	Co Hereford	2:50.69
5	Price-Clishem, Dyfan	14	NofioGwynedd	2:53.10
6	Greenwalker, Wilfred	13	Teddington	2:54.20
7	Tennant, Zeke	12	Eastbourne	2:55.80
8	%Hopkins, Luc SB9	14	Torfaen D/A, 12, +	3:14.70

Heat 2 of 6 Prelims

1	Thomas, Rhys	15	Pembs Cty	2:50.20
2	Catchpole, Charlie	14	Hackney	2:49.50
3	Green, Joshua	14	TauntonDeane	2:46.47
4	Woodrow, Leo	14	TauntonDeane	2:45.20
5	Csoban, Benjamin	14	Co Newport	2:46.29
6	Sekula, Szymon	14	Rhondda	2:48.00
7	Edwards, Isaac	13	Wrexham	2:50.00
8	Warman-Powell, Ioan	15	Torfaen D	2:50.20

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 7 (Warmup 7.45 - 8.45)

Heat 3 Prelims (#305 Men 12 & Over 200 LC Meter Breaststroke)

1	Bostock, Dyfan	15	Wrexham	2:43.44	___
2	Jones, Noah	14	Torfaen D	2:41.50	___
3	Sekula, Mateusz	14	Rhondda	2:38.09	___
4	Upton-Boorman, Liam	18	Nofio S Gar	2:36.90	___
5	Silvey, Harry	15	Millfield	2:37.80	___
6	Opiniano, Nathaniel	15	Teddington	2:40.30	___
7	Short, Harley	14	Mt Kelly	2:43.30	___
8	Taylor, Nicholas	14	Torfaen D	2:43.70	___

Heat 4 of 6 Prelims

1	West, Dexter	16	Pembs Cty	2:35.70	___
2	Saukko-Paavola, Niklas	17	Leic Sharks	2:31.70	___
3	Lovell-Pascal, Jean-Luc	20	Swansea Uni	2:26.70	___
4	Sheppard, Rhydian	18	Co Cardiff	2:20.08	___
5	Bale, Joseph	14	Mt Kelly	2:23.60	___
6	Pike, Harvey	18	Co Cardiff	2:28.70	___
7	Gohar, Fabio	18	Teddington	2:33.48	___
8	Stuart-Lavender, Jac	15	Nofio S Gar	2:36.70	___

Heat 5 of 6 Prelims

1	James, Rhys	16	Rct Squad	2:35.30	___
2	Murphy, Heath	14	Nuneaton	2:30.98	___
3	Lee, Tristan	19	Bath Univ	2:25.25	___
4	Inglis, Joshua	18	Swansea Uni	2:16.10	___
5	Hoey, Luke	23	Swansea Uni	2:23.30	___
6	Greenwalker, Arthur	16	Teddington	2:28.51	___
7	Phillips, Finley	15	Nofio S Gar	2:32.30	___
8	Bennett, Finley	16	Pembs Cty	2:35.80	___

Heat 6 of 6 Prelims

1	Brock, Freddy	16	Rct Squad	2:34.40	___
2	Murphy, Rocco	15	Nuneaton	2:30.60	___
3	Murphy, James	21	Team Bath AS	2:25.00	___
4	Anderson, Maxwell	20	Co Cardiff	2:14.65	___
5	Grenardo, Alexander	18	Okehampton	2:22.20	___
6	Meilleur, Elliot	15	NofioGwynedd	2:27.81	___
7	Neaves, Jake	16	EllesmereCSA	2:31.97	___
8	Richardson, Osian	17	Swansea Aq	2:35.70	___

Event 306 Female 12 & Over 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 4 Prelims

1	Kontopoulos, Elena	13	TauntonDeane	2:42.45	___
2	Osele, Isabella	13	Hackney	2:40.00	___
3	Pitt, Seren	13	Co Cardiff	2:37.40	___
4	Roberts, Mali	15	NofioGwynedd	2:36.70	___
5	Synowiec, Amelia	15	Conwy	2:37.10	___
6	Tovey, Lyra	13	Mt Kelly	2:38.50	___
7	Thomas, Manisha	13	Hackney	2:42.03	___
8	Cooksey-Owen, Ruby-Mae	14	Co Cardiff	2:45.10	___

Heat 2 of 4 Prelims

1	Geach, Libbie	16	Nofio S Gar	2:32.50	___
2	Handley, Evie Louise	16	Okehampton	2:25.51	___
3	Grant, Lucy	18	Swansea Uni	2:23.00	___
4	Johnson, Charlotte	22	Swansea Uni	2:14.90	___
5	Hunter, Olivia	21	Swansea Uni	2:19.75	___
6	Cust, Ciara	18	Conwy	2:25.00	___
7	Griffiths, Cerys	15	Pembs Cty	2:26.01	___
8	Hubbard, Tilly	14	TauntonDeane	2:35.00	___

Heat 3 of 4 Prelims

1	Iles, Jessica	15	Co Cardiff	2:30.00	___
2	Daniel, Megan	15	Caradon	2:25.30	___
3	Andrews, Joanne	15	EllesmereCSA	2:21.05	___
4	Roberts, Catherine Elin	22	Swansea Uni	2:14.84	___
5	Wheeler, Oriana	20	Swansea Uni	2:18.60	___
6	Faulkner, Ella	16	EllesmereCSA	2:24.68	___
7	Hill, Emma	14	Teddington	2:25.95	___
8	Morgan, Millie	13	Teddington	2:34.70	___

Heat 4 of 4 Prelims

1	Bates, Molly	14	EllesmereCSA	2:26.34	___
2	Deakin, Ellena	17	Teddington	2:25.20	___
3	Toms, Emily	19	Swansea Uni	2:20.73	___
4	Tallantyre, Seren	17	Morpeth	2:14.05	___
5	Owen, Gracie	17	Torfaen D	2:17.30	___
6	Hall, Emily	15	Warrington W	2:24.60	___
7	Sweet-Roberts, Pip	13	Torfaen D	2:25.80	___
8	Tejedo, Lola	14	Co Cardiff	2:32.80	___

Event 307 Men 12 & Over 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 8 Prelims

1	Hewitt, Archie	15	Torfaen D	1:06.07	___
2	Elmes, Max	14	Nofio S Gar	1:05.60	___
3	Green, Joshua	14	TauntonDeane	1:05.01	___
4	Foster, Henry	16	Redditch	1:04.40	___
5	Williams, Dylan	14	Wrexham	1:04.60	___
6	Williams, Thomas	15	Nofio S Gar	1:05.10	___
7	Powell, Xander	15	TauntonDeane	1:05.70	___
8	%Read, William S14	17	Swansea Aq	1:14.60	___

Heat 2 of 8 Prelims

1	Linge, Reece	14	EllesmereCSA	1:03.59	___
2	Meilleur, Elliot	15	NofioGwynedd	1:03.10	___
3	Thomas, Iolo	15	Neath	1:03.05	___
4	Mills, Ioan	16	Torfaen D	1:02.90	___
5	Davies, Blake	15	Co Cardiff	1:03.00	___
6	Spinks, Owen	17	Torfaen D	1:03.10	___
7	Miles, Harry	15	Co Cardiff	1:03.20	___
8	Gruffydd, Ned	15	Co Cardiff	1:04.20	___

Heat 3 of 8 Prelims

1	Sochovsky, Max	16	Millfield	1:02.70	___
2	Major, Sebastian	19	Co Newport	1:02.40	___
3	Douglas, Lucas	14	Atlantis	1:01.91	___
4	Ma, Ko Kwan	16	Co Cardiff	1:01.70	___
5	Scholes, James	15	Haslemere	1:01.70	___
6	McLain, Archie	19	Torfaen D	1:02.10	___
7	%Carter, Oliver S10	25	UniOfStirl/+, 12	1:02.60	___
8	Ashton, Cain	15	Stockport Mo	1:02.86	___

Heat 4 of 8 Prelims

1	Cavill, Jack	15	Co Cardiff	1:01.63	___
2	Deacon, Cameron	15	Co Cardiff	1:01.51	___
3	Grenardo, Alexander	18	Okehampton	1:01.08	___
4	Bebb, Lewis	18	Newtown	1:00.40	___
5	Grenardo, Sebastian	16	Okehampton	1:00.54	___
6	Ryan, Samuel	19	Swansea Uni	1:01.22	___
7	White, Adam	18	Swansea Uni	1:01.60	___
8	Evans, Monty	18	Gloucester	1:01.69	___

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 7 (Warmup 7.45 - 8.45)

Heat 5 Prelims (#307 Men 12 & Over 100 LC Meter Butterfly)

1	Armitage, Edward	22	Derwent&Gate	1:00.20	___
2	Rixon, Oliver	17	Co Cardiff	59.91	___
3	Pugh, Morgan	18	Torfaen D	59.86	___
4	Chapman, Nathan	21	Swansea Uni	59.70	___
5	West, Dexter	16	Pembs Cty	59.75	___
6	Prysor, Sami	18	EllesmereCSA	59.89	___
7	Pike, Harvey	18	Co Cardiff	1:00.05	___
8	Silverstone, Solomon	16	Pembs Cty	1:00.35	___

Heat 6 of 8 Prelims

1	McCarthy, Benedict	16	Co Cardiff	58.12	___
2	Taylor, Harry	18	Swansea Uni	57.40	___
3	Morgan, Dominic	20	Swansea Uni	56.61	___
4	Knight, Jack	22	Co Cardiff	54.64	___
5	Armon, Jacob	22	Swansea Uni	55.40	___
6	Biddick, James	15	Okehampton	57.26	___
7	Thomas, Lucas	17	NofioGwynedd	57.95	___
8	Major, Maximus	15	Torfaen D	59.22	___

Heat 7 of 8 Prelims

1	Cressey-Rodgers, Ioan	20	Nofio S Gar	58.10	___
2	Burns, Harry	20	Bath Univ	57.35	___
3	%Darbey, Rhys S14	18	Wrexham	56.38	___
4	Edwards, Rhys	23	Swansea Uni	54.36	___
5	Edwards, Dion	18	Swansea Uni	55.18	___
6	Morgan-Hughes, Harry	20	Bath Univ	57.10	___
7	Lee, Ethan	19	Bath Univ	57.77	___
8	Bradley, Mathew	19	Swansea Uni	59.20	___

Heat 8 of 8 Prelims

1	Davies, Evan	19	Co Cardiff	57.99	___
2	Pallant, Jack	21	Team Waveney	57.31	___
3	Sansome, Thomas	22	Wycombe Dist	56.04	___
4	Fraser, Lewis	25	Swansea Uni	52.28	___
5	Rodriguez, Antonio	21	Swansea Uni	55.17	___
6	James, Harley	20	Co Cardiff	56.67	___
7	Staines, Luca	21	Swansea Uni	57.50	___
8	Lee, Jacob	19	Swansea Uni	58.90	___

Event 308 Female 12 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 14 Prelims

1	%Rice, Lily SM8	21	Co Cardiff/A, 12+	3:00.51	___
2	Pawlowski, Isabelle	13	Corby	2:44.40	___
3	Williams, Gwenno	14	NofioGwynedd	2:43.90	___
4	Sutton, Emily	14	NofioGwynedd	2:43.80	___
5	Layland, Seren	14	Penyrheol	2:43.80	___
6	Sneddon, Anna	15	Caradon	2:44.17	___
7	%Humphrey, Eliza SM11	20	Swansea Uni/TB	2:59.51	___
8	%Lawn, Pippa SM14	15	Torfaen D	3:08.40	___

Heat 2 of 14 Prelims

1	Rees, Maisie	15	Rct Squad	2:43.50	___
2	Henderson, Darcy	13	Okehampton	2:43.20	___
3	Beasley, Evaleigh	12	Swansea Aq	2:42.85	___
4	Smith, Sophie	14	Nuneaton	2:42.50	___
5	Williams, Leah	14	NofioGwynedd	2:42.70	___
6	Van Zyl, Kiara	13	Co Cardiff	2:42.90	___
7	Meenagh, Mai Van	13	Co Cardiff	2:43.33	___
8	%Willis, Meghan SM9	18	Torfaen D/1, 3, 5	2:43.70	___

Heat 3 of 14 Prelims

1	Thomas, Manisha	13	Hackney	2:42.30	___
2	Jones, Isabella	15	Bridgend Cty	2:42.00	___
3	Searle, Natalie	12	Teddington	2:41.80	___
4	%Webb, Saskia SM14	18	Pembs Cty	2:41.50	___
5	Evans, Gwennan	15	Co Cardiff	2:41.70	___
6	Emms, Ela	13	Co Cardiff	2:41.90	___
7	Matthews, Catrin	12	Co Cardiff	2:42.00	___
8	McFarlane, Una	14	Pembs Cty	2:42.30	___

Heat 4 of 14 Prelims

1	Macleod, Eilidh	14	Hackney	2:41.30	___
2	Prevete, Sofia	13	Wrexham	2:41.00	___
3	Givvons, Imogen	15	Torfaen D	2:40.80	___
4	Sullivan, Ariana	15	Torfaen D	2:40.33	___
5	George, Ellie	14	Rct Squad	2:40.63	___
6	Klak, Nina	13	Co Newport	2:40.98	___
7	Jones, Hunydd	14	Nofio S Gar	2:41.30	___
8	Davies, Isabella	14	Nofio S Gar	2:41.30	___

Heat 5 of 14 Prelims

1	Synowiec, Amelia	15	Conwy	2:40.30	___
2	Pitt, Seren	13	Co Cardiff	2:39.82	___
3	Hughes, Nel	14	NofioGwynedd	2:39.50	___
4	Lewis, Orla Rose	15	Torfaen D	2:38.73	___
5	Williams, Lili	14	Rct Squad	2:38.90	___
6	Davies, Sophia	13	Co Cardiff	2:39.70	___
7	Bloomer, Molly	13	Hackney	2:40.20	___
8	Simons, Georgia	14	Hackney	2:40.30	___

Heat 6 of 14 Prelims

1	Roberts, Isabel	15	Co Cardiff	2:38.40	___
2	Flanagan, Evelyn	15	Mt Kelly	2:38.20	___
3	Taffetsauffer, Isabella	14	Nofio S Gar	2:37.00	___
4	King, Marley	17	Penyrheol	2:36.90	___
5	Howson, Ellen	16	Co Newport	2:37.00	___
6	Kilby, Sophie	15	Mt Kelly	2:38.00	___
7	Jones, Aimee	13	Okehampton	2:38.30	___
8	McQuaid, Maria	14	Co Cardiff	2:38.64	___

Heat 7 of 14 Prelims

1	Jones, Myia	17	Wrexham	2:36.80	___
2	Wood, Sophie	16	TauntonDeane	2:36.40	___
3	Marshall, Ffion	15	Co Cardiff	2:36.20	___
4	Hubbard, Tilly	14	TauntonDeane	2:35.90	___
5	Davies, Mae	15	Rtw Monson	2:35.92	___
6	Burns, Freya	14	Nofio S Gar	2:36.20	___
7	Ribeiro, Ariana	14	Co Cardiff	2:36.50	___
8	Donaldson, Evie	13	Co Newport	2:36.80	___

Heat 8 of 14 Prelims

1	Huws, Awen	17	Rct Squad	2:35.70	___
2	Roberts, Mali	15	NofioGwynedd	2:35.50	___
3	Davies, Isla	12	Nofio S Gar	2:34.60	___
4	Phillips, Emma	15	Teddington	2:34.20	___
5	Sundsbo, Klara	14	Hackney	2:34.30	___
6	Hutchon, Annie	14	EllesmereCSA	2:34.88	___
7	Edwards, Alaw	15	NofioGwynedd	2:35.70	___
8	Matthews, Elin	15	Co Cardiff	2:35.80	___

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025**Meet Program - Session 7 (Warmup 7.45 - 8.45)****Heat 9 Prelims (#308 Female 12 & Over 200 LC Meter IM)**

1	Spence, Emilia	14	Co Birm'ham	2:34.02	___
2	Roberts, Rosie	13	Torfaen D	2:33.20	___
3	Smith, Amelia	17	Co Cardiff	2:32.25	___
4	Hickman, Eve	20	Bridgend Cty	2:32.00	___
5	Taswell, Paige	14	TauntonDeane	2:32.10	___
6	Bennett, Isla	14	Co Cardiff	2:33.00	___
7	Mellor, Medi	13	Nofio Bangor	2:33.30	___
8	Dowling, Abigail	14	Co Cardiff	2:34.20	___

Heat 10 of 14 Prelims

1	Dewsbury, Daisy	20	Swansea Uni	2:31.40	___
2	Williams, Jody	19	Swansea Uni	2:31.00	___
3	Teggarty-Sparks, Ida	14	Teddington	2:30.50	___
4	Berner, Iyla	12	Nofio S Gar	2:30.30	___
5	Robinson, Scarlett	17	Ulverston	2:30.40	___
6	Thomas, Serenity	15	NofioGwynedd	2:30.83	___
7	Reasons, Darcy	13	Torfaen D	2:31.10	___
8	Bates, Molly	14	EllesmereCSA	2:31.97	___

Heat 11 of 14 Prelims

1	Nichols, Grace	15	Pembs Cty	2:30.20	___
2	Sherrard, Emme	16	Torfaen D	2:29.90	___
3	Mason, Eliza	14	EllesmereCSA	2:29.80	___
4	Daw, Alexandra	16	Okehampton	2:29.30	___
5	Lewis, Harriet	13	Co Cardiff	2:29.60	___
6	%Williams, Rose SM14	17	Co Cardiff	2:29.90	___
7	Dwyfor-Clark, Efa	16	NofioGwynedd	2:30.08	___
8	Lythgoe, Manon	16	Swansea Aq	2:30.25	___

Heat 12 of 14 Prelims

1	Morgan, Carys	17	Millfield	2:28.40	___
2	Andrews, Joanne	15	EllesmereCSA	2:24.80	___
3	Titchener, Megan	17	Torfaen D	2:22.69	___
4	Marshall, Holly	19	Co Cardiff	2:17.80	___
5	Williams-Jones, Phoebe	19	Co Cardiff	2:21.30	___
6	Gibson, Mari	17	Co Cardiff	2:23.41	___
7	Bissicks, Ella	18	Swansea Uni	2:27.80	___
8	Williams, Lowri	15	Swansea Aq	2:29.18	___

Heat 13 of 14 Prelims

1	Salmon, Gwen	18	Rct Squad	2:28.30	___
2	Logan, Constance	17	Co B'Ton & H	2:23.98	___
3	Gordon, Freya	16	Haslemere	2:22.30	___
4	Major, Scarlet	22	Swansea Uni	2:15.90	___
5	Winstanley, Elin	16	Co Hereford	2:20.60	___
6	Stephenson, Ruby	18	Swansea Uni	2:23.00	___
7	Day, Hannah	17	Co Cardiff	2:27.50	___
8	Roberts, Megan	18	Swansea Uni	2:28.90	___

Heat 14 of 14 Prelims

1	Evans, Gwenllian	16	Co Cardiff	2:28.00	___
2	Broder, Libby	19	Birm'ham Uni	2:23.90	___
3	Rees, Katie	27	Swansea Uni	2:22.00	___
4	Taylor, Theodora	16	Torfaen D	2:13.88	___
5	Wheeler, Oriana	20	Swansea Uni	2:20.10	___
6	Brassington, Sophie	19	Swansea Uni	2:22.79	___
7	Hornby, Rachel	21	Swansea Uni	2:24.96	___
8	Daniel, Megan	15	Caradon	2:28.68	___